

Hello,

I hope this message finds you well. My name is Charmaine Quitain, and I am Osmund's mom. I am reaching out to request your assistance with an important milestone in Osmund's martial arts journey.

Osmund is preparing to qualify for his 1st Dan 1st Degree Black Belt test at [California School of Martial Arts - CALSMA Taekwondo](#). As part of the eligibility requirements, he needs a letter of recommendation from a teacher to attest to his character, work ethic, and personal growth. Your insights into Osmund's performance and behavior in school would be invaluable in this process.

Your recommendation letter is one of the requirements that Osmund needs to complete, along with the other eligibility qualifications:

- A parent recommendation letter
- A meeting with Master Jun (Parent and Student, by appointment)
- A two-page essay (double spaced)
- Test from White Belt to Red Stripe Belt, approx 3-4 years of training
- A minimum of 36 days of training classes as a Red Stripe belt for attendance
- Participation in at least one taekwondo tournament (local, state, national)
- At least 30 hours of volunteer work assisting in classes and mentorship

We would greatly appreciate it if you could include examples of Osmund's efforts, accomplishments, and any qualities you believe highlight his readiness for this important step. Your perspective as his teacher would play a vital role in demonstrating how his school achievements align with the values of discipline, respect, and perseverance taught in martial arts.

I know that you must already have such an incredibly busy schedule and we do greatly appreciate your time. If this is not possible, please let us know - we will completely understand.

If you have any questions or need further information, please don't hesitate to reach out to me by simply replying to this email. Thank you so much for your support and for considering this request.

Sincerely,  
Charmaine Quitain

